



**RAINBOW MESSENGER
DECEMBER, 2005**



DAILY ACTIVITIES:



WALKING - In climate-controlled banquet room, twenty-five (25) laps equals a mile



Outside Walking Trail - 1/3 Mile



FITNESS ROOM - Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



CARDS - Card tables available for your use on a daily basis.



BILLIARDS/POOL - Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 p.m. to 3:45 p.m.



COMPUTER LAB - The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m.

REGULAR SCHEDULED ACTIVITIES:



- **EXERCISE CLASS** meets every Monday and Thursday mornings at 9:00 a.m. Remember there will not be a class on Monday, December 26th because of the Christmas Holiday.



- **CRAFTY CREW** schedule for Tuesdays in December.
 - December 6th - Christmas Trees
 - December 13th - Ornaments
 - December 20th - Christmas Party
 - December 27th - Catch-Up



- **LINE DANCE LESSONS** held every Wednesday evening 6:30 to 8:00 p.m. Cost \$3.00 per session. Please wear tennis shoes. The classes this month will be held on Wednesday, December 7th and Wednesday, December 21st.



- **SINGING SENIORS** meet Friday mornings at **10:00 a.m. on Dec. 2nd, 9th and 16th** at the Arnold F. Habig Community Center. We are so pleased for them to be our entertainment for the Center's Christmas Party on **Tuesday, December 6th**. **Caroling: See Special Activities.**

- **BINGO** will be held on **Tuesday, December 13th** with games beginning at 12:00 noon. Cost \$1.00 per card to play all 50 games. Beginning at 11:30 a.m. someone will be there to collect.



**RAINBOW MESSENGER
DECEMBER, 2005**



- **QUILTING BEES** will be held on **Monday, December 12th from 9 a.m. to 3 p.m.** Lunch will be served.



- **CARD TOURNEYS**
 - **Thursday, December 1st** – Euchre Tourney.
 - **Thursday, December 22nd** – Sheephead Tourney



- **BLOOD PRESSURE CHECKS**
 - **Tuesday, December 13th from 11:30 to 12:00 noon.**

- **SUNDAYS:** The Older Americans at the Arnold F. Habig Community Center is open for card playing on Sundays from 1:00 to 4:00 p.m. In order for this to continue we need volunteers to sign-up to open. Please call 482-4455 by November 15th to sign-up for a Sunday in December. We need your help in order to continue these extended hours.

- **BILLIARDS LESSONS:** If anyone would like billiard/pool lessons, please contact Dave this winter about lessons. Call the Center at: 482-4455 to set this up.

- **SHEEPHEAD LESSONS:** Would anyone be interested in volunteering to teach Sheephead Lessons? Just call the Center at: 482-4455.

- **SPECIAL ACTIVITIES**

- The **Lunch Bunch** will be meeting this month at Applebee's on **Friday, December 9th at 11:30 p.m.** Please call in your reservations by **3:00 p.m. on Thursday, December 8th.**

- **CAROLING:** Everyone's welcome to join us for caroling at Jasper area Nursing Homes and Assisted Living on **Monday, December 12th.** We will be leaving from the Center at **8:50 a.m.** We try to put smiles on their faces during the holidays. Lunch will be provided for singers at the Center.

- **Movie Time: 1:00 p.m. Wednesday, December 7th** we will see **"CHRISTMAS WITH THE KRANKS"**. This stars Tim Allen and Jamie Lee Curtis as Luther and Nora Krank who are normally very big into Christmas. This year they decide to forgo the Holidays because it won't be the same with their daughter away in the tropics. They decide to join their daughter in the tropics for a surprise Christmas visit; however, their daughter surprises them first by returning home for Christmas. Come join us for the movie - can they get ready for Christmas with their traditional fanfare in short notice?? You don't want to miss this Christmas Comedy. Recently released in the Video Stores.



- **OLDER AMERICANS CHRISTMAS PARTY:** **Tuesday, December 6th at the Center.** Start with a meal at 12:00 (noon) catered by Sander Catering. Entertainment will be by our own Singing Seniors. Door prizes will be given away. Reservations were due in November - hope you made yours. Please car pool if possible. We will run a shuttle from the Armory to the Center for the over-flow parking.



**RAINBOW MESSENGER
DECEMBER, 2005**



○ **DECEMBER TRIP – DERBY DINNER**

PLAYHOUSE: We will leave the Armory Parking Lot at **10:15 a.m.** for original Derby Dinner Trip on **Thursday December 8th** and the added trip **Friday December 2nd**. Remember which trip you are on. Pick-ups made at Huntingburg Methodist Church and Ferdinand Legion upon request.

● **THANK YOU!!!** The staff would like to extend a big **THANK YOU** to **ANYONE** who has volunteered at the Center during 2005. We appreciate the help and support you have given us.

● *The staff would like to wish each of you a very Merry Christmas and a Happy and Healthy 2006. Looking forward to seeing you in 2006!!*

● **2006 NEWLETTER:** For **\$6.00** we will mail your 2006 Rainbow Messenger Newsletter to you for the year. Get money, name & address in so you don't miss an issue. You can pick up at area Senior Citizen Centers for free if you wish.

○ **CLOSINGS:** The Older Americans will be closed:

- **Friday, December 23rd**
- **Monday, December 26th**
- **Friday, December 30th**
- **Monday, January 2nd**

HAPPY DECEMBER BIRTHDAYS!!

- 1st Mildred Kavanaugh
- 4th Louise Uebelhor
- 14th Mariemma Huebner
- 18th Gerdie Sermersheim
Little Sisters of the Poor
1236 Lincoln Ave., Evansville, IN 47714
- 18th Bob Bohnert
- 22nd Frances Uebelhor
- 24th Sylvester "Cotton" Knebel
- 27th Ann Summers
- 27th Marjorie Lampert
- 30th Justine Otto
St. Charles Health Campus-Jasper
- 31st Louise Schnell



HAPPY DECEMBER ANNIVERSARIES!

- 2nd Mr. & Mrs. Alphonse Lampert

● **AARP NEWS:** The Dubois County Chapter #1953 will meet on **Wednesday, December 14th** for our **Christmas Party**. Dinner will be served at 12:00 Noon at the Arnold F. Habig Community Center. Price is \$7.00 per person. **Reservations** need to be turned in by **December 6th**. Call Alice Apple at: **482-3024** or Bernice Kluemper at: **482-6557**. There will be entertainment and door prizes